



# AIREBOROUGH FAMILY SERVICES – CALENDAR OF GROUPS

Course	Day/Length of course	Date(s)	Time
Anxiety-based School Avoidance Workshop	Friday/ 2 sessions	Sept 13 <sup>th</sup> Sept 20 <sup>th</sup>	09:30–12:00
Anger Management Workshop	Friday/ 2 sessions	Nov 8 <sup>th</sup> Nov 15 <sup>th</sup>	09:30-12:00
ADHD Workshop	Friday/ 1 session	Jan 24 <sup>th</sup>	09:30-12:00
CYGNET – support for parents of children with autism	Thursday/ 8 sessions	Feb 6 <sup>th</sup> -Apr 3 <sup>rd</sup> -(one week break for Feb half term)	09:30-12:00
Take 3 Teenage – support for parents of children aged 11-16 years	Thursday/ 9 sessions	May 1 <sup>st</sup> -July 10 <sup>th</sup>	09:30–12:00
CYGNET – support for parents of children with autism	Thursday/ 8 sessions	Evening course over summer holidays	16:00-18:30